

"GROWING THE PLAYER"



Dave Hunchak

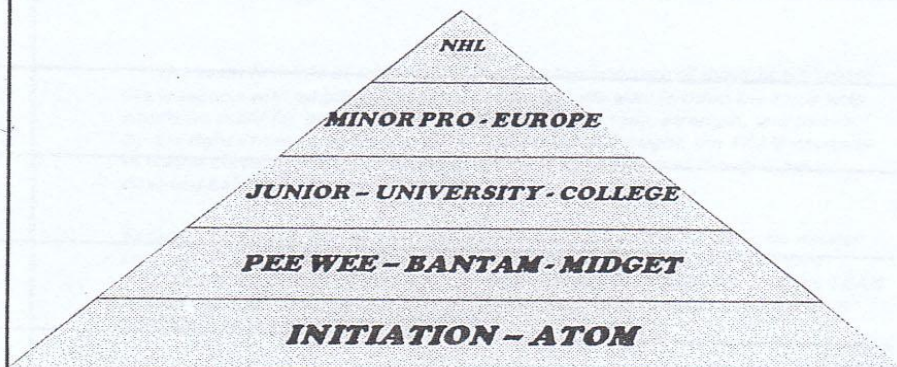
KMHA COACHES CLINIC 2012

4 AREAS TO "GROWING" THE PLAYER

- 1 - Growing The "WANT" To Play The Game*
- 2 - Growing The "FUNDAMENTALS" Of The Game*
- 3 - Growing The "MENTAL" Part Of The Game*
- 4 - Growing The "SOCIAL" Aspect Of The Game*

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THE PLAYER POOL





GROWING THE "WANT" TO PLAY HOCKEY

- 1 – A player that "wants" to play the game is better than a player that has to play the game
- 2 – We as coaches have to find out why a player plays the game
- 3 – The "want" usually means one of two things;
 - a) "want" to play the game for fun, exercise, social acceptability, etc.
Or
 - b) "want" to get something out of the game. Education, career, status, etc.
- 4 – Players need to enjoy the game at every level
- 5 – Respect the "BURNOUT" factor
- 6 – Encouraging the "want" to do the extra. This is a choice and a necessity.

Be One Of The Reasons Why A Player Continues To Play The Game And Not The Reason Why A Player Quits The Game.



GROWING THE "FUNDAMENTALS" OF THE GAME

Hockey is not a natural sport. A player needs to work at the fundamentals of the game as much as possible. Skating, passing, shooting, checking, all of the basic skills a player needs to play the game at a high level.

- 1 – The growing of the fundamentals for players does not change from the start to finish of a career
- 2 – Use different approaches and techniques to get your message across. Be creative but be consistent
- 3 – Challenge Your Players! But keep in mind that **SUCCESS = CONFIDENCE!**

*"We will not ask for anymore than what you are capable of. But we will **DEMAND** what you are capable of"*



GROWING THE "MENTAL" PART OF THE GAME

" A Man's Reach Must Surpass His Grasp "

- 1 – The key to "Growing" the mental part of the game is **POSITIVE THINKING!**
Positive Thoughts > Words > Actions > Habits > Character > Destiny
- 2 – Helping the player to control distractions. Mentally strong enough to know what's right
- 3 – Coaches teaching **PREPERATION** / Players learning how to **PREPARE** themselves
- 4 – **MOTIVATION.** It's so simple. Keep it that way. It is directly tied into the "WANT"

" The Things We Truly Treasure Are Difficult "

GROWING THE "SOCIAL" ASPECT OF THE GAME

WHO IS IN CHARGE OF AND WHAT IS GOING ON IN THE ROOM WHEN WE ARE NOT IN THERE?

- 1 – The "SOCIAL" hierarchy of any dressing room in any TEAM sport plays a major role in determining the destiny of that TEAM.
- 2 – You need INDIVIDUALS to make up a TEAM. There is an "I" in TEAM if you look close
- 3 – Coaches impact the "Social" status of a player by how we treat them in front of their peers
- 4 – CULTURE and ENVIRONMENT
- 5 – Players need to relearn the art of communication

Ultimately.....

Growing A Player Is a Process And Takes Patience

Have A Plan For The Player

Impact The Players In A Positive Manner

Capture Them, Teach Them, Empower Them, Then Let Them Go!

Final Thoughts...

"The team is made or unmade by itself. In the armoury of thought we create the weapons with which we destroy ourselves. We also fashion the tools with which we build for ourselves heavenly mansions of joy, strength, and peace. By the right choice and through the application of thought, the TEAM ascends to divine perfection. By the abuse and wrong application of thought, we descend below the level of the beast.

Between these two are all the grades of character and the TEAM is its master and maker. Of all the beautiful truths pertaining to the soul, none is more gladdening, or fruitful of divine promise, or confidence than this; that the TEAM is the master of thought, moulder of character, and the maker and shaper of condition, environment, and DESTINY."