|  |
| --- |
| **AKADEMIE ČH** |
|  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Kategorie** |  | **Měsíc** |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  **Počet TJ mimo led** | **0** | **Počet hodin mimo led** | **0** |
| **Počet TJ na ledě** | **0** | **Počet hodin na ledě** | **0** |
| **Počet utkání** | **0** | **Počet hodin regenerace** | **0** |

|  |
| --- |
| **Obsah tréninků mimo led** |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
| **Obsah tréninků na ledě** |
|  |
|
|
|
|
|
|
|
|
|
|

|  |
| --- |
| **Pozitiva z odehraných utkání**  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |