

IIHF INTERNATIONAL COACHING SYMPOSIUM

6th – 8th MAY 2011 Bratislava, SLOVAKIA

Friday - 06. MAY 2011

08:00	Registration and Trade Fair (Foyer)
10:00	Welcome by IIHF and SIIF
10:30 – 11:30	Leadership and mental preparation Q/A
11:30 – 12:30	On and off ice power and plyometrics Q/A
12:30	Coffee and Trade Fair (Foyer)
13:00 – 14:30	Pro – goalies off - ice conditioning Q/A
16:00	Trade Fair – welcome drink
20:15	GAME 1D – 3A...???????

Saturday - 07. MAY 2011

07:30	Registration and Trade Fair (Foyer)
09:00 – 10:00	Individual skills inside team play Q/A
10:00 – 10:30	Coffee and Trade Fair (Foyer)
10:30 – 11:30	Defensive vs. offensive tactics Q/A
12:00	Lunch (Dom sportu)
13:00 – 14:00	Special situations (PP, PK etc.) Q/A
14:00 – 15:00	Team play (DZ coverage, BO etc.) Q/A
16:15	GAME 3D – 1A
20:15	GAME 2D – 3A

Sunday - 08. MAY 2011

07:30	Registration and Trade Fair (Foyer)
09:00 – 10:00	On ice training and hockey conditioning Q/A
10:00 – 10:30	Coffee and Trade Fair (Foyer)
10:30 – 11:30	How to be successful in a hockey game Q/A
12:00	Lunch (Dom sportu)
13:00 – 14:00	Post injury recovery and reconditioning Q/A
14:00 – 15:00	Goaltending Q/A
16:15	GAME 1D – 2A
20:15	GAME 4A – 4B
Departure	

DRAFT agenda - Program subject to Change