

## Schedule Czech National Team U20 Training Camp Vyškov



5. - 12.12.2020

Date	Time		Action	
5.12.	18:00	arrival Ice Arena Vyškov		
Saturday	18:30	bus to hotel		
	18:45	check in hotel Atrium		
	19:00	dinner		
	19:30	meeting		
	21:30	snack		
	22:30	lights out		
6.12.	TEAM RED		TEAM WHITE	
Sunday	7:30 - 8:00	breakfast	8:00 - 8:30	breakfast
	8:00	bus to arena	8:30	bus to arena
	8:15	meeting	8:45	meeting
	8:30 - 9:00	off ice	9:15 - 10:15	GYM
	9:15	ICE GK'S	10:45	ICE GK'S
	9:30 - 10:30	ICE	11:00 - 12:00	ICE
	11:00 - 12:00	GYM		
	12:30	bus to hotel		
	12:45	lunch		
	14:00 - 15:00	testing Covid 19 - staff		
	15:30 - 16:00	snack		
	TEAM RED		TEAM WHITE	
	14:45	meeting hotel	15:45	meeting hotel
	15:00 - 16:00	testing Covid 19	16:00 - 17:00	testing Covid 19
	16:00	bus to arena	17:00	bus to arena
	16:15	off ice	17:15	off ice
	17:00 - 17:45	ICE	18:00 - 18:45	ICE
	18:30	bus to hotel	19:30	bus to hotel
	18:45	dinner	19:45	dinner
	21:30	snack		
	22:30	lights out		

7.12. Monday	7:30 - 8:00 8:00 8:15 8:30 - 9:00 9:15 9:30 - 10:30 11:00 - 12:00	breakfast bus to arena meeting off ice ICE GK'S ICE GYM	TEAM WHITE 8:00 - 8:30 8:30 8:45 9:15 - 10:15 10:45 11:00 - 12:00	breakfast bus to arena meeting GYM ICE GK'S ICE
	12:30 12:45 14:45 15:00 15:15 15:30 - 16:00 <b>16:30 - 18:45</b> 19:30 19:45 21:30 22:30	bus to hotel lunch snack meeting bus to arena off ice ICE bus to hotel dinner snack ights out		
8.12. Tuesday	TEAM RED 7:30 - 8:00 8:00 8:15 8:30 - 9:00 9:15 9:30 - 10:30 11:00 - 12:00	breakfast bus to arena meeting off ice ICE GK'S ICE GYM bus to hotel lunch	TEAM WHITE 8:00 - 8:30 8:30 8:45 9:15 - 10:15 10:45 11:00 - 12:00	breakfast bus to arena meeting GYM ICE GK'S ICE
	<b>15:00 - 16:00</b> 15:30 - 16:00	testing Covid 19 snack		
	14:45 16:00 16:15 17:00 - 17:45 18:30 18:45 21:30 22:30	meeting hotel bus to arena off ice ICE bus to hotel dinner snack lights out	<b>TEAM WHITE</b> 16:45 17:00 17:15 <b>18:00 - 18:45</b> 19:30 19:45	meeting hotel bus to arena off ice ICE bus to hotel dinner

9.12. Wednesday	7:30 - 8:00 8:00 8:15 8:30 - 9:00 9:15 9:30 - 10:30 11:00 - 12:00	breakfast bus to arena meeting off ice ICE GK'S ICE GYM	TEAM WHITE 8:00 - 8:30 8:30 8:45 9:15 - 10:15 10:45 11:00 - 12:00	breakfast bus to arena meeting GYM ICE GK'S ICE
	12:30 12:45 14:45 15:00 15:15 15:30 - 16:00 <b>16:30 - 18:45</b> 19:30 19:45 21:30 22:30	bus to hotel lunch snack meeting bus to arena off ice ICE bus to hotel dinner snack ights out		
10.12. Thursday	7:30 - 8:00 8:00 8:15 8:30 - 9:00 9:15 9:30 - 10:30 11:00 - 12:00  12:45 15:00 - 16:00 15:30 - 16:00	breakfast bus to arena meeting off ice ICE GK'S ICE GYM  bus to hotel lunch testing Covid 19 snack	TEAM WHITE 8:00 - 8:30 8:30 8:45 9:15 - 10:15 10:45 11:00 - 12:00	breakfast bus to arena meeting GYM ICE GK'S ICE
	TEAM RED  14:45 16:00 16:15 17:00 - 17:45 18:30 18:45  21:00 21:30 22:30	meeting hotel bus to arena off ice ICE bus to hotel dinner meeting hotel snack lights out	<b>TEAM WHITE</b> 16:45 17:00 17:15 <b>18:00 - 18:45</b> 19:30 19:45	meeting hotel bus to arena off ice ICE bus to hotel dinner

11.12.	<b>TEAM RED</b>		<b>TEAM WHITE</b>	
Friday	7:30 - 8:00	breakfast	8:00 - 8:30	breakfast
-	8:00	bus to arena	8:30	bus to arena
	8:15	meeting	8:45	meeting
	8:30 - 9:00	off ice	9:15 - 10:15	GYM
	9:15	ICE GK'S	10:45	ICE GK'S
	9:30 - 10:30	ICE	11:00 - 12:00	ICE
	11:00 - 12:00	GYM		
	12:30	bus to hotel		
	12:45	lunch		
	14:45	snack		
	15:00	meeting		
	15:15	bus to arena		
	15:30 - 16:00	off ice		
	16:30 - 18:45	ICE		
	19:30 19:45	bus to hotel		
	21:30	dinner snack		
	22:30	ights out		
	22.00	ignio out		
12.12.	TEAM RED		TEAM WHITE	
Saturday	7:30 - 8:00	breakfast	8:00 - 8:30	breakfast
	8:00	bus to arena	8:30	bus to arena
	8:15	meeting	8:45	meeting
	8:30 - 9:00	off ice	9:15 - 10:15	GYM
	9:15	ICE GK'S	10:45	ICE GK'S
	9:30 - 10:30	ICE	11:00 - 12:00	ICE
	11:00 - 12:00	GYM		
	12:30	bus to hotel		
	12:45	lunch		
	14:45	snack		
	15:00 15:15	meeting bus to arena		
	15:30 - 16:00	off ice		
	16:30 - 18:45	ICE		
	19:30	bus to hotel		
	19:45	dinner		
	21:30	snack		
	22:30	lights out		
13.12.	TBD			
Sunday	6:00	breakfast		
<b>-</b>	7:00	check out hotel Atrium bus to arena		
	8:00	bus to Vienna airport		
	13:00	Departure from Vienna airp	ort to Edmonton	
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