

Program reprezentace ČR 20
Turnaj 4 zemí, Finsko
2. - 8. 11. 2015

2.11.2015 Monday	17:30	SRAZ na ZS Velké Popovice
	18:15	warm up
	19:00-20:30	ice
	21:00	dinner
	21:30	meeting
	22:30	lights out
3.11.2015 Tuesday	8:30	wake up
	8:45	breakfast
	9:45	warm up
	10:45-12:15	ice
	12:45	lunch
	15:45	snack + meeting
	17:00	warm up
	18:00-19:30	ice
	20:00	dinner
	21:45	snack + meeting
23:00	lights out	
4.11.2015 Wednesday	9:00	wake up
	9:30	breakfast
	10:30	warm up
	11:30-13:00	ice
	13:30	lunch
	16:00	snack
	16:30	regeneration + meeting
	19:00	dinner
	21:30	snack
23:00	lights out	
5.11.2015 Thursday	7:30	wake up
	7:45	breakfast
	8:45	bus to the airport
	11:25	Departure from Prague
	14:40	Arrival to Helsinki
	15:30	bus to Tampere
	17:30	check in the hotel
	17:45	lunch (pasta)
	18:45	bus to arena
	19:15	warm up
	20:00-21:00	ice
	22:00	bus to the hotel
	22:10	dinner + meeting
23:00	lights out	

6.11.2015 Friday	8:45	wake up
	9:00	breakfast
	9:45	bus to arena
	10:15	warm up
	11:00-11:30	ice
	12:30	bus to the hotel
	12:45	lunch
	16:00	meeting + snack
	16:45	bus to arena
	19:00	FIN - CZE (Tampere)
	22:00	bus to the hotel
	22:15	dinner + meeting
	23:00	lights out
7.11.2015 Saturday	8:15	wake up
	8:30	breakfast
	9:00	bus to arena
	9:30	warm up
	10:15-10:45	ice
	11:45	bus to the hotel
	12:00	lunch
	14:15	meeting + snack
	14:45	bus to arena
	17:00	CZE - SWE (Tampere)
	20:00	bus to the hotel
	20:15	dinner
	22:00	lights out
8.11.2015 Sunday	6:45	wake up
	7:00	breakfast
	7:30	bus to arena
	8:00	bus to Hameenlinna
	11:00	RUS - CZE (Hameenlinna)
	14:00	lunch at the arena 2nd floor
	14:45	bus to the airport Helsinki
	18:30	departure for Prague
	20:00	bus to Velké Popovice
21:00	UKONČENÍ AKCE	